The CISD School Health Advisory Council met in the CISD Boardroom. The meeting was called to order at approximately 12:30pm by SHAC President Angie Cuellar.

Members present were: Julie Kubicek, Cindy Bammert, Leona Pullin, Pam Longbotham, Ben Colwell, Sara Meyer, Denise Goebel, Connie Phillips, Dawn Green, Kelly Blackwell, Doreen Styra, Angie Cuellar, Sandra Hernandez, Wanda Hays, Ruby Rodriguez, Kathy Simon and Christina Villarreal.

Angie Cuellar welcomed everyone and gave the invocation.

Minutes from the November 2016 meeting were reviewed by Kathy Simon. Handouts were available. Wanda Hays made the motion to approve the November 2017 minutes and Ruby Rodriguez seconded the motion and motion was approved.

New members and guests were welcomed.

The September meeting discussed the following topics per the agenda as follows:

**UPDATE ON SUB COMMITTEES**

Nutrition, Fitness, Health Ed committee – Sandra Hernandez discussed the kids not eating the cereals provided in the cafeteria. She presented some options for review, discussing nutritional value of each. Taking in consideration the nutritional value and student approval, Cinnamon Toast Crunch and Cocoa Puffs will be reintroduced to the cereal line. Leona Pullin discussed the Drum Fit Curriculum Grant for 4th and 5th grades.

Counseling Mental and Social Health committee – Discussed adolescent suicide pacts among 10-14 year olds and “not eating” pacts. Community Conversation with VISD discussed parental guidance and involvement is key. Starting with Middle School (6-8 grades). Dr. Scott Polin will be giving two presentations on March 10th at Junior High and High School.
Sex Ed committee – Discussion of having a Junior High “fish camp” with incoming 6th graders and during that time having a discussion with them on Worth the Wait. The Health Department has not been able to help. Dr. Denton will be coming to the Junior High on February 22nd and 23rd to talk to 6th – 8th grade girls.

Student mentoring committee – Kids said the lessons discussed during the first semester were helpful and they enjoyed them.

Student and Staff Health Promotion committee – The Health Challenge is going on with 72 participants.

Parenting Programs and Student Services/Update on Shattered Dreams – Kelly Blackwell discussed the Shattered Dreams grant application was approved for the full amount and the lend a helping hand grant. Shattered Dreams will be hosted on April 12th and 13th. Shattered Dreams is a mock car crash/accident. This will be held in the back parking lot and the memorial will be in the new PAC center. Mrs. Angie Cuellar discussed the Rising Up Program. Which was a grant written by Kristi Lee and awarded by CISD Education Foundation.

Community Representative from DeWitt County AgriLife Extension – Denise Goebel discussed the Healthy Community Programs, Walk Across Texas and Walk and Talk program. The 8 week HEB sponsored It’s Time Texas Healthy Community Challenge program has the support of Mayor Sara Post Meyer. This program gets a community to move and document by signing up and posting activity for points. The winner could bring the community an $1800 grant to be used for health related programs. Program runs through end of March. Also discussed were community garden kits.

Old Business: None at this time.

New Business: None at this time.

DISTRICT UPDATES

District Safety Audit – Ruby Rodriguez discussed a self-assessment to see if their might be any security issues. This would include a six member team.

Dr. Pam Longbotham discussed the DPOC meeting March 26th. School calendar vote to come. Testing sessions will begin.
**Wellness Update:** Wanda Hays and Sandra Hernandez discussed the updates on the new wellness policy that was handed out at the last meeting. Sandra Hernandez went over the policy. Policy needs to be approved by June 30th.

April 11, 2016 is the next SHAC meeting.

Ruby Rodriguez moved to adjourn the meeting. Sandra Hernandez seconded the motion and the motion was approved.